

# Choosing The Right Drug Test:

## Direct Alcohol Biomarkers and Other Substances of Abuse

### Window of Detection / History of Use

When Choosing a Test That's Right For You, Consider These 5 Factors:

1. Substance being tested
2. Desired window of detection
3. Specimen type
4. Level of adulteration potential
5. Notice required before collection

### Alcohol

#### Fingernail

Detection: Up to 3 Months  
Biomarker: EtG  
Adulteration Level: Difficult  
Collection: May Need Notice

#### Hair

Detection: Up to 3 Months  
Biomarker: EtG  
Adulteration Level: Moderate  
Collection: May Need Notice

#### Dried Blood Spot

Detection: 2-3 Weeks  
Biomarker: PEth  
Adulteration Level: Difficult  
Collection: No Notice Required

#### Urine

Detection: 2-3 Days  
Biomarker: EtG & EtS  
Adulteration Level: Easy  
Collection: Requires Notice

### Other Substances of Abuse

#### Fingernail

Detection: Up to 6 Months  
Adulteration Level: Difficult  
Collection: May Need Notice

#### Hair: Exposure

Detection: Up to 3 Months  
Adulteration Level: Moderate  
Collection: May Need Notice

#### Hair

Detection: Up to 3 Months  
Adulteration Level: Moderate  
Collection: May Need Notice

#### Urine

Detection: 2-3 Days  
Adulteration Level: Easy  
Collection: Requires Notice

#### Whole Blood

Detection: 1-3 Days  
Adulteration Level: Difficult  
Collection: No Notice Required

#### Oral Fluid

Detection: 1-3 Days  
Adulteration Level: Difficult  
Collection: No Notice Required

6 months

3 months

1 Day

